



CHARNALLIES
american themed
Restaurant - Bar
Coffee House

Allergen Information - Updated February 2026

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At Charnallies we endeavor to ensure every customer can enjoy our food regardless of their allergy and dietary requirements. The following food charts allow each customer to confidently select their meal to work around their needs.


Unfortunately, due to preparation areas in our kitchen, we are unable to completely guarantee every item can be 100% free from allergens. However, all of our gluten free and vegan items are prepared separately from the rest of our menu. For all other allergens, please inform your server so we can prepare your meal according to your needs.


At Charnallies, we fry many of our products in **Soya Bean Vegetable Oil**, and therefore cannot guarantee against cross contamination across foods fried with this oil, e.g products containing gluten, fish, and dairy. In which case, items that are fried can be suitably substituted to match your requirements. Just let us know when you are ordering.

The following tables contain information regarding the 14 allergens outlined by the Foods Standards Agency. Some of our food is delivered pre-packaged, and in these cases we cannot guarantee from cross contamination in factories where they were prepared. Additional information is also included in the comments column in the table.

Please feel free to discuss your options with your servers, to make sure you can make the most of our extensive menu, always cooked fresh to order.

Breakfast	Cereals containing gluten																Suitable for Vegans	Suitable for Vegetarians	Notes	
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs				Lupin
Bugsy Breakfast					*													N	N	*bread
Bugsy Bigger Breakfast					*													N	N	*bread
Vegetarian Breakfast					*													N	Y	*bread *sausage
Gluten Free Breakfast					*								*					N	N	*sausage
Vegan Breakfast					*													Y	Y	*bread *sausage
Pancake Stack																		N	N	
Childrens Breakfast																		N	N	
Breakfast Ciabatta																		N	N	
Breakfast Bun																		N	N	
American Pancakes																		N	Y	
Brunch Platter					*													Y	Y	
Fried Egg on Toast																		N	Y	
Scrambled Egg on Toast																		N	Y	
Egg (fried)																		N	Y	
Egg (scrambled)																		N	Y	
Sausage																		N	Y	
Baked Beans																		Y	Y	
Hash Brown																		Y	Y	
Grilled Tomato																		Y	Y	
Mushrooms																		Y	Y	
Vegetarian Sausage																		Y	Y	
Black Pudding																		N	N	
Toast																		N	Y	


 Dish contains the allergen

 Whilst the product does not contain soya, the item is cooked in soya bean oil and therefore is not wholly soya free

Please be aware that our fryers are used to cook all products, therefore all fried products may contain a trace of milk and/or wheat

Burgers, Wraps & Dogs	Cereals containing gluten																Suitable for Vegans	Suitable for Vegetarians	Notes	
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs				Lupin
Hamburger									*					**	**			N	N	*coleslaw **pickle
Cheeseburger									*					**	**			N	N	*coleslaw **pickle
Bacon Cheeseburger									*					**	**			N	N	*coleslaw **pickle
The Inferno Burger									*					**	**			N	N	*coleslaw **pickle
Burger with the Works									*					**	**			N	N	*coleslaw **pickle
The Big Don									*					**	**			N	N	*coleslaw **pickle
Triple Stacked Burger									*					**	**			N	N	*coleslaw **pickle
Spicy Bean Burger									*					**	**			N	Y	*coleslaw **pickle
Chicken & Cheese Melt Burger									*					**	**			N	N	*coleslaw **pickle
NY Chicken Burger									*					**	**			N	N	*coleslaw **pickle
Garden Burger									*					**	**			N	Y	*coleslaw **pickle
BBQ Pulled Pork Wrap									*									N	N	*coleslaw
Sweet Chilli Chicken Wrap									*									N	N	*coleslaw
Chicken Tender & Bacon Wrap									*									N	N	*coleslaw
Chicken Caesar Salad Wrap									*									N	N	
Chicago Club Sandwich									*									N	N	
Roasted Vegetable Melt						*			*									N	Y	*cashews
American Hot Dog								**	*					**	**			N	N	*coleslaw **milk protein
Chilli Cheese Dog								**	*					**	**			N	N	*coleslaw **milk protein

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House Specials	Cereals containing gluten														Suitable for Vegans	Suitable for Vegetarians	Notes			
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites				Mustard	Molluscs	Lupin
Sicilian Chicken					■				■									N	N	
Hawaiian Chicken					■				■	*								N	N	*coleslaw
BBQ Rack of Ribs					■					*								N	N	*coleslaw
Chicken & Rib Combo					■					*								N	N	*coleslaw
Steak & Rib Combo					■					*								N	N	*coleslaw
Chicken Al Diavlo					■					*								N	N	*coleslaw
Luigi's Lamb Shank									*									N	N	*mash/gravy
Sizzling Skillet: Chicken	■*				■				**									N	N	*wraps **sour cream
Sizzling Skillet: Steak	■*				■				**									N	N	*wraps **sour cream
Cajun Chicken & Bacon Melt			■*		■				■	*			■					N	N	*coleslaw
BBQ Chicken & Bacon Melt					■				■	*								N	N	*coleslaw
8oz Prime Sirloin	■*		■*		■													N	N	*onion rings
Fat Sam's Surf & Turf	■*		■*		■				■		■	■						N	N	*onion rings
14oz Buggy T-Bone	■*		■*		■													N	N	*onion rings
The Godfather	■*		■*		■				■					■**				N	N	*onion rings **sausage

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Fish & Salads	Cereals containing gluten																Suitable for Vegans	Suitable for Vegetarians	Notes	
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs				Lupin
Golden Fried Cod										*								N	Y	*tartare sauce
Grilled Swordfish - Cajun																		N	Y	
Grilled Swordfish - Garlic																		N	Y	
BBQ Chicken Salad	*	*	*															N	N	*ciabatta
Caesar Salad	*	*	*															N	Y	*ciabatta
Steakhouse Salad	*	*	*															N	N	*ciabatta



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Pasta	Cereals containing gluten																Suitable for Vegans	Suitable for Vegetarians	Notes		
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs				Lupin	
Pasta Napolitana																		Y	Y		
Spaghetti Bolognese																			N	N	
Spaghetti with Meatballs																			N	N	
Penne Alfredo - Bacon																			N	N	
Penne Alfredo - Spinach																			N	Y	
Pasta al Pesto						*													N	N	*cashews
Penne al Rustica																			N	N	
Lasagne Al Forno																			N	N	



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Pizza	Cereals containing gluten				Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	Suitable for Vegans	Suitable for Vegetarians	Notes
	Wheat	Rye	Barley	Oats																
Margherita																		N	Y	
The MOB																		N	N	
Pepperoni																		N	N	
American Hot																		N	N	
Hawaiian																		N	N	
Vegitana																		N	Y	
Pollo Pollo																		N	N	
NY Deli																		N	N	
Pulled Pork																		N	N	
Calzone Carne																		N	N	
Mushroom Carne						*												N	Y	*cashews
Meatball Carne										*								N	N	*meatballs



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Desserts	Cereals containing gluten														Suitable for Vegans	Suitable for Vegetarians	Notes			
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites				Mustard	Molluscs	Lupin
Black Forest Sundae					*													N	Y	*wafer
Chocolate Crunch Sundae					*													N	Y	*wafer
Broadway Banana Split					*													N	Y	*wafer
Rocky Road Sundae					*													N	Y	*wafer
Banoffee Sundae					*													N	Y	*wafer
Knickerbocker Glory					*													N	Y	*wafer
Chocolate Cookie Mountain																		N	Y	
Razzamatazz					*													N	Y	*wafer
Alabama Chocolate Fudge Cake																		N	Y	
Honeycomb Smash Cheesecake																		N	Y	
Lemon Meringue Pie																		N	Y	
Wiseguy Waffle					*													N	Y	*wafer
Millionaire's Waffle					*													N	Y	*wafer
Biscoff Cheesecake																		Y	Y	
Sticky Toffee Pudding																		N	Y	
Apple Pie																		N	Y	
American Style Pancakes																		N	Y	
Black Cheery Coulis																		Y	Y	
Maple Syrup																		Y	Y	
Salted Caramel Sauce																		N	Y	
Chocolate Sauce																		Y	Y	
Toffee Sauce																		N	Y	
Strawberry Sauce																		Y	Y	
Lemon Sauce																		Y	Y	
Lemon Sorbet																		Y	Y	
Mango Sorbet																		Y	Y	
Custard																		N	Y	
Ice Cream: Vanilla																		N	Y	
Ice Cream: Strawberry																		N	Y	
Ice Cream: Chocolate																		N	Y	
Ice Cream: Toffee																		N	Y	
Ice Cream: Banana																		N	Y	
Ice Cream: Mint Choc Chip																		N	Y	



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Childrens	Cereals containing gluten														Suitable for Vegans	Suitable for Vegetarians	Notes			
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites				Mustard	Molluscs	Lupin
Cheesy Garlic Bread Toasties	■								■									N	Y	
Cucumber Sticks																		Y	Y	
Nachos with Cheese									■									N	Y	
Pizza - Margherita	■								■									N	Y	
Pizza - Pepperoni	■								■									N	N	
Pizza - Ham	■								■									N	N	
Make Your Own Wraps	■				■													N	N	
Hamburger	■				■				■									N	N	
Chicken Strip Burger	■				■													N	N	
American Hot Dog	■				■				■			■		■				N	N	
Spaghetti Bolognese	■								■				■		■			N	N	
Spaghetti Bolognese (gf)																		N	N	
Penne Napolitana	■																	Y	Y	
Penne Napolitana (gf)																		N	Y	
Plain Pasta	■																	Y*	Y	*without cheese
Plain Pasta (gf)																		Y*	Y	*without cheese
Chicken Strips	■				■													N	N	
Simply Sausages	■								■									N	N	
Simply Sausages (gf)					■									■				N	Y	*sausage
Simply Sausages (vg)					■													Y	Y	
Fish Fingers	■				■						■							N	Y	
Cheese & Ham Toastie	■				■				■									N	N	
Cheese & Ham Toastie (gf)					■				■									N	N	
Cheese & Ham Toastie (vg)	■				■													Y	Y	
Warm Cookie & Ice Cream	■				■	■			■	■								N	Y	
Strawberry Ice Cream									■									N	Y	
Vanilla Ice Cream									■									N	Y	
Chocolate Ice Cream									■									N	Y	
Dairy Free Ice Cream																		Y	Y	
Marshmallows																		Y	Y	
Chocolate Buttons					■				■									N	Y	
Banana Slices									■									Y	Y	
Wafer	■				■				■	■								N	Y	



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Gluten Free Main	Cereals containing gluten														Suitable for Vegans	Suitable for Vegetarians	Notes			
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites				Mustard	Molluscs	Lupin
Soup with Ciabatta																	*		*ciabatta roll (may contain)	
Garlic Ciabatta																	*	Y	*ciabatta roll (may contain)	
Garlic Ciabatta with Cheese																	*	N	*ciabatta roll (may contain)	
Garlic Pizza Bread with Mozzarella																		N	Y	
Potato Skins: Bacon & Cheese																		N	N	
Potato Skins: Cheese & Onion																		N	Y	
Prawn Cocktail																		N	Y	
Houmous																		Y	Y	
Sweet Chili Chicken Wrap																		N	N	*coleslaw
Roasted Vegetable Melt																		N	Y	*coleslaw **pesto
Chicago Club Sandwich																		N	N	
Grilled Swordfish																		N	Y	
Sicilian Chicken																		N	N	
Hawaiian Chicken																		N	N	*coleslaw
Chicken Al Diavlo																		N	N	*coleslaw
8oz Prime Sirloin Steak																		N	N	
Fat Sam's Surf & Turf																		N	N	
14oz Buggy T-Bone																		N	N	
Chicken & Bacon Salad																	*	N	N	*dressing
Fusilli Napolitana																		Y	Y	
Fusilli Bolognese																		N	N	
fusilli Pomodoro Bake																		N	Y	
Fusilli Alfredo																		N	N	
Pizza: Margherita																		N	Y	
Pizza: the MOB																		N	N	
Pizza: American Hot																		N	N	
Pizza: Vegitana																		N	Y	
Pizza: NY Deli																		N	N	
Broadway Banana Split																		N	Y	
Knickerbocker Glory																		N	Y	
Blueberry Muffin Sundae																		N	Y	
Ice Cream: Vanilla																		N	Y	
Ice Cream: Strawberry																		N	Y	
Ice Cream: Chocolate																		N	Y	
Ice Cream: Toffee																		N	Y	
Ice Cream: Banana																		N	Y	
Ice Cream: Mint Choc Chip																		N	Y	



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Vegan Main	Cereals containing gluten														Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	Suitable for Vegans	Suitable for Vegetarians	Notes	
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery									
Bruschetta														*					Y	Y	*balsamic glaze	
Houmous																				Y	Y	
Quesadilla																				Y	Y	
Potato Skins																				Y	Y	
Tomato & Basil Soup	*																			Y	Y	*ciabatta
Pizza: Margherita																				Y	Y	
Piza: Mushroom & Onion																				Y	Y	
Pizza: Vegitana																				Y	Y	
Mushroom Salad	*													**						Y	Y	*ciabatta **balsamic glaze
Vegan Dog																				Y	Y	
Spicy Bean Burger																				Y	Y	
Roasted Vegetable Melt																				Y	Y	
Pasta Napolitana																				Y	Y	
Pomodoro Bake																				Y	Y	
Chocolate Fudge Cake																				Y	Y	
Biscoff Cheesecake																				Y	Y	
Knickerbocker Glory																				Y	Y	
Vegan Ice Cream: Vanilla																				Y	Y	
Vegan Ice Cream: Chocolate																				Y	Y	
Vegan Ice Cream: Strawberry																				Y	Y	
Sorbet: Lemon																				Y	Y	
Sorbet: Mango																				Y	Y	
Vegan Custard																				Y	Y	
Vegan Cream																				Y	Y	



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Lunch	Cereals containing gluten														Suitable for Vegans	Suitable for Vegetarians	Notes			
	*Wheat	*Rye	*Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites				Mustard	Molluscs	Lupin
Soup of the Day	*	*	*															N	Y	*ciabatta
Garlic Mushrooms	*																	N	Y	
Houmous	*																	Y	Y	
Garlic Ciabatta	*	*	*															Y	Y	
Tuna Bruschetta	*								*	*								N	Y	
Nachos	*																	Y	Y	
Fresh Battered Cod	*								*	*								N	Y	*tartare sauce
Bacon & Cheese Melt	*	*	*						*	*								N	N	*coleslaw
Sausage & Creamed Potato	*								*				*					N	N	*sausage
Spaghetti Bolognese	*								*									N	N	
Margherita Pizza	*								*									N	Y	
MOB Pizza	*								*									N	N	
American Hot Pizza	*								*									N	N	
Vegitana Pizza	*								*									N	Y	
Classic Hot Dog	*							**	*			*		*				N	N	*coleslaw **milk protein
Veggie Hot Dog	*				*				**			*		*				N	Y	*sausage **coleslaw
Chilli Cheese Dog	*							**	*			*		*				N	N	*coleslaw **milk protein
Chicken Fajita Wrap	*	*	*						*					*				N	N	*coleslaw **may contain
Chicken Caesar Wrap	*	*	*						*					*				N	N	*coleslaw **may contain
BBQ Chicken & Cheese Wrap	*	*	*						*	*				*				N	N	*coleslaw **may contain
Jacket Potato: Cheese									*									N	Y	
Jacket Potato: Cheese & Beans									*									N	Y	
Jacket Potato: Tuna Mayo									*	*	*							N	Y	
Jacket Potato: Cheese & Coleslaw									*	*								N	Y	
Jacket Potato: Sweet Chilli Chicken									*	*								N	N	
Panini: Cheese	*	*	*						*									N	Y	
Panini: Ham & Cheese	*	*	*						*									N	N	
Panini: Cheese & Onion	*	*	*						*									N	Y	
Panini: Mazzarella, Tomato & Pesto	*	*	*				*		*									N	Y	*cashew
Panini: Tuna Melt	*	*	*						*									N	Y	
Panini: Chipotle Chicken & Cheese	*	*	*						*	*								N	N	
Lemon Pavlova Sundae	*								*	*								N	Y	*wafer **lemon curd
Biscoff Sundae	*								*	*								N	Y	*wafer/biscoff biscuits
Choc Chip Sundae	*					*			*	*								N	Y	*wafer
Fruit Sundae	*					*			*	*								N	Y	
Cinamon Waffle	*					*			*	*								N	Y	
Ice Cream: Vanilla									*	*								N	Y	
Ice Cream: Chocolate									*	*								N	Y	
Ice Cream: Strawberry									*	*								N	Y	




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Gluten Free Lunch	Cereals containing gluten				Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	Suitable for Vegans	Suitable for Vegetarians	Notes
	Wheat	Rye	Barley	Oats																
Soup of the Day																	*			*may contain (ciabatta)
Houmous																		Y	Y	
Garlic Ciabatta																	*	Y	Y	*may contain (ciabatta)
Fusilli Napolitana																		Y	Y	
Fusilli Bolognese																		N	N	
Margherita Pizza																		N	Y	
MOB Pizza																		N	N	
Jacket Potato: Cheese																		N	Y	
Jacket Potato: Cheese & Beans																		N	Y	
Jacket Potato: Tuna Mayo																		N	Y	
Jacket Potato: Cheese & Coleslaw																		N	Y	
Jacket Potato: Sweet Chilli Chicken																		N	N	
Knickerbocker Glory																		N	Y	
Ice Cream: Vanilla																		N	Y	
Ice Cream: Chocolate																		N	Y	
Ice Cream: Strawberry																		N	Y	
Chocolate Brownie																		N	Y	


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Vegan Lunch	Cereals containing gluten														Suitable for Vegans	Suitable for Vegetarians	Notes			
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites				Mustard	Molluscs	Lupin
Tomato & Basil Soup																		Y	Y	
Houmous	*																	Y	Y	*tortillas
Bruschetta																		Y	Y	
Margherita Pizza																		Y	Y	
Mushroom & Onion Pizza																		Y	Y	
Jacket Potato: Cheese & Beans																		Y	Y	
Vegan Dog																		Y	Y	
Knickerbocker Glory																		Y	Y	
Sorbet																		Y	Y	
Vegan Ice Cream: Vanilla																		Y	Y	
Vegan Ice Cream: Chocolate																		Y	Y	
vegan Ice Cream: Strawberry																		Y	Y	

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Sandwiches, Ciabattas & Pastries	Cereals containing gluten				Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites	Mustard	Molluscs	Lupin	Suitable for Vegans	Suitable for Vegetarians	Notes
	Wheat	Rye	Barley	Oats																
Ham Salad Sandwich	■				*			■										N	N	*sliced bread
Cheese Salad Sandwich	■				*			■										N	Y	*sliced bread
Tuna Mayo & Red Onion Sandwich	■				*			■		■	■							N	Y	*sliced bread
BLT Ciabatta	■	■	■					■										N	N	
Sausage & Onion Ciabatta	■	■	■		■			■										N	N	
Veggie Sausage & Onion Ciabatta	■	■	■		■			■										N	Y	
Brunch Club	■				*			■		■								N	N	*sliced bread
Toasted Cheese, Ham & Onion Club	■				*			■										N	N	*sliced bread
Chicken & Bacon Mayo Ciabatta	■	■	■					■		■								N	N	
Prawn Sandwich	■							■		■	■	■						N	Y	
Toasted Teacake	■							■										N	Y	
Fruit Scone								■		■								N	Y	
Clotted Cream								■										N	Y	
Assorted Muffins	■			■				■	■									N	Y	



■ Dish contains the allergen

■ Whilst the product does not contain soya, the item is cooked in soya bean oil and therefore is not wholly soya free

Please be aware that our fryers are used to cook all products, therefore all fried products may contain a trace of milk and/or wheat

Sauces & Condiments	Cereals containing gluten														Suitable for Vegans	Suitable for Vegetarians	Notes		
	Wheat	Rye	Barley	Oats	Soya	Nuts	Peanuts	Sesame Seeds	Milk/Dairy	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphites					
Tomato Ketchup													*				Y	Y	* sachets
Brown Sauce																	Y	Y	
American Mustard																	Y	Y	
French Mustard																	Y	Y	
Mayonnaise																	N	Y	
BBQ Sauce																	Y	Y	
Sweet Chilli Sauce																	Y	Y	
House Piri Sauce																	Y	Y	
Vegan Mayo																	Y	Y	
Tartare Sauce																	N	Y	
Thousand Island Dressing																	N	Y	
Ranch																	Y	Y	
Honey Mustard																	N	Y	
Garlic Mayo																	N	Y	
Mint Sauce																	Y	Y	
Caesar Dressing																	N	Y	
Salad Cream																	N	Y	
Balsamic Glaze																	Y	Y	
Malt Vinegar																	Y	Y	
Guacamole																	Y	Y	
Tomato Salsa																	Y	Y	
French Dressing																	Y	Y	
Parmesan Cheese																	N	Y	
Garlic Butter																	Y	Y	
Gravy																	Y	Y	
Gravy (lamb shank)																	N	N	
Peppercorn Sauce																	N	Y	
Cajun																	Y	Y	
Sour Cream																	N	Y	
Pizza Topping																	Y	Y	



Dish contains the allergen



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