



**CHARNALLIES**  
**american themed**  
**Restaurant - Bar**  
**Coffee House**

Allergen Information 2024

# Charnallies Allergen Information

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# Charnallies Allergen Information

At Charnallies we endeavor to ensure every customer can enjoy our food regardless of their allergy and dietary requirements. The following food charts allow each customer to confidently select their meal to work around their needs.

Unfortunately, due to preparation areas in our kitchen, we are unable to completely guarantee every item can be 100% free from allergens. However, all of our gluten free and vegan items are prepared separately from the rest of our menu. For all other allergens, please inform your server so we can prepare your meal according to your needs.

At Charnallies, we fry many of our products in **Soya Bean Vegetable Oil**, and therefore cannot guarantee against cross contamination across foods fried with this oil, e.g products containing gluten, fish, and dairy. In which case, items that are fried can be suitably substituted to match your requirements. Just let us know when you are ordering.

The following tables contain information regarding the 14 allergens outlined by the Foods Standards Agency. Some of our food is delivered pre-packaged, and in these cases we cannot guarantee from cross contamination in factories where they were prepared. Additional information is also included in the comments column in the table.

Please feel free to discuss your options with your servers, to make sure you can make the most of our extensive menu, always cooked fresh to order.

# Charnallies Allergen Information

## Breakfast Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Bugsy's Breakfast</i>		Yes		Yes			Yes				Yes:*+				No	No	*Bread
<i>Bugsy's Bigger Breakfast</i>		Yes		Yes			Yes				Yes*+				No	No	*Bread
<i>Vegetarian Breakfast</i>		Yes*		Yes			Yes				Yes** +				No	Yes	*Bread **Sausage
<i>Gluten Free Breakfast</i>							Yes				Yes*+				No	No	*Sausage
<i>Vegan Breakfast</i>		Yes									Yes*+				No	Yes	*Sausage
<i>Pancake Stack</i>		Yes Wheat		Yes			Yes								No	No	
<i>Children's Breakfast</i>		Yes		Yes			Yes				+				No	No	
<i>(Breakfast) Toasted Ciabatta</i>		Yes Wheat, Barley									+				No	No	Check Filling
<i>Breakfast Bun</i>		Yes					Yes				+	Yes			No	Yes*	*Vegetarian sausage option
<i>American Pancakes</i>		Yes Wheat/ Rye		Yes			Yes								No	Yes	
<i>Brunch Platter</i>		Yes		Yes			Yes				Yes:*+				No	No	*Bread
<i>Fried Egg on Toast</i>		Yes		Yes			Yes								No	Yes	

# Charnallies Allergen Information

## Breakfast Menu Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Scrambled Egg on Toast		Yes		Yes			Yes								No	Yes	
Egg (Fried)				Yes											No	Yes	
Egg (Scrambled)				Yes			Yes								No	Yes	
Sausage		Yes Wheat									+				No	No	
Baked Beans															Yes	Yes	
Hash Brown											+				Yes	Yes	
Grilled Tomato															Yes	Yes	
Mushrooms											+				Yes	Yes	
Vegetarian Sausage											Yes+				Yes	Yes	
Toast		Yes					Yes								No	Yes	

# Charnallies Allergen Information

## Appetizers, Sharers and Sides

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Soup of the Day</i>																	
<i>Garlic Ciabatta</i>		Yes Rye, Wheat					Yes								No	Yes	
<i>Garlic Ciabatta w/ Mozzarella</i>		Yes Rye, Wheat					Yes								No	Yes	
<i>Garlic Mushrooms</i>		Yes, Wheat									+				Yes*	Yes	*With VG mayo or salsa
<i>Nachos</i>				Yes*			Yes						*Yes		No	Yes	*Guacamole
<i>Potato Skins - Cheese Onion</i>							Yes								No	Yes	
<i>Potato Skins-- Bacon Cheese</i>							Yes								No	No	
<i>Chicken Wings</i>							Yes*				+				No	No	*BBQ
<i>Mozzarella Dippers</i>		Yes Wheat					Yes				Yes +				No	Yes	
<i>Prawn Cocktail</i>		Yes Wheat/ Barley*	Yes	Yes	Yes		Yes								No	Yes	*Ciabatta/ Rye
<i>Chicken Strips</i>	Yes	Yes					Yes				Yes +			Yes	No	No	
<i>Garlic King Prawns</i>		Yes*	Yes	Yes	Yes		Yes								No	Yes	*Ciabatta

+ whilst the product does not contain soya, the item is cooked in soya oil and therefore is not wholly soya free

# Charnallies Allergen Information

## Appetizers, Sharers and Sides Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Garlic Pizza w/ Mozzarella		Yes Wheat					Yes								No	Yes	
Towering Onion Rings		Yes Wheat, barley									+				Yes	Yes	
Loaded Nachos				Yes			Yes				Yes		Yes*		No	No	Guacamole
Sampler Platter	Yes	Yes Wheat, barley		Yes			Yes				Yes +				No	No	
Dirty Fries							Yes				+				No	No	
Fries											+				Yes	Yes	
Cheesy Fries							Yes				+				No	Yes	
Sweet Potato Fries											+				Yes	Yes	
Seasoned Spicy Fries											+				Yes	Yes	
New York Fries							Yes*				Yes +				No	Yes	*BBQ Sauce
Beer Battered Onion Rings		Yes Wheat, barley									+				Yes	Yes	
Homemade Coleslaw				Yes											No	Yes	
House Salad	Yes	Yes, wheat*												Yes*	Yes	Yes	*Dressing

# Charnallies Allergen Information

## Burgers, Wraps and Dogs

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Hamburger		Yes Wheat		Yes*							+	Yes	Sulphite	Yes	No	No	*In coleslaw
Cheeseburger		Yes Wheat		Yes*			Yes				+	Yes	Sulphite	Yes	No	No	*In coleslaw
Bacon Cheeseburger		Yes Wheat		Yes*			Yes				+	Yes	Sulphite	Yes	No	No	*In coleslaw
The Inferno Burger		Yes Wheat		Yes*			Yes				+	Yes	Sulphite	Yes	No	No	*In coleslaw
Burger with the Works		Yes Wheat		Yes*			Yes				+	Yes	Sulphite	Yes	No	No	*In coleslaw
The Big Don		Yes Wheat		Yes*			Yes				+	Yes	Sulphite	Yes	No	No	*In coleslaw
Triple Stacked Burger		Yes Wheat		Yes*			Yes				+	Yes	Sulphite	Yes	No	No	*In coleslaw
Spicy Bean Burger		Yes Wheat		Yes*							+	Yes		Yes**	Yes	Yes	*In coleslaw **Pickle
Chicken & Cheese Melt	Yes	Yes Wheat		Yes*			Yes				+	Yes		Yes**	No	No	*In coleslaw **Pickle
NY Chicken Burger	Yes	Yes Wheat		Yes*			Yes				+	Yes		Yes**	No	No	*In coleslaw **Pickle
Garden Burger		Yes Wheat		Yes*			Yes				+	Yes		Yes*/**	Yes***	Yes	* In Burger/**Pickle/ ***Without Mayo



# Charnallies Allergen Information

## Burgers, Wraps and Dogs Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>BBQ Pulled Pork Wrap</i>		Yes Wheat		Yes **			Yes				+				No	No	* In BBQ Sauce / **In Coleslaw
<i>Sweet Chilli Chicken Wrap</i>		Yes Wheat		Yes**							+				No	No	**In Coleslaw
<i>Chicken Tender &amp; Bacon Wrap</i>	Yes	Yes Wheat		Yes**			Yes				Yes +			Yes	No	No	* In BBQ Sauce/ **In Coleslaw
<i>Chicken Caesar Salad Wrap</i>		Yes Wheat, Barley		Yes			Yes				+				No	No	
<i>Chicago Club Sandwich</i>		Yes Wheat		Yes							Yes +				No	No	
<i>Roasted Vegetable Melt</i>		Yes Wheat, Rye		Yes			Yes		Yes, Cashew		+				No	Yes	
<i>American Hot Dog</i>	Yes	Yes Wheat		Yes**			Yes				Yes +			Yes	No	No	**In Coleslaw
<i>Chilli Cheese Dog</i>	Yes	Yes Wheat		Yes**			Yes				Yes +			Yes	No	No	**In coleslaw

# Charnallies Allergen Information

## House Specials

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Sicilian Chicken</i>							Yes				+				No	No	
<i>Hawaiian Chicken</i>				Yes*			Yes				+				No	No	*In Coleslaw
<i>BBQ Rack of Ribs</i>				Yes*			Yes**				+				No	No	*In Coleslaw/ **BBQ Sauce
<i>Chicken &amp; Rib Combo</i>				Yes*			Yes**				+				No	No	*In Coleslaw/** BBQ Sauce
<i>Steak &amp; Rib Combo</i>				Yes"			Yes**				+				No	No	*In Coleslaw/ **BBQ Sauce
<i>Chicken Al Diavlo</i>				Yes "							+				No	No	*In Coleslaw
<i>Luigi's Lamb Shank</i>							Yes								No	No	
<i>Sizzling Skillet: Chicken</i>		Yes***					Yes±				+			Yes	No	No	***In Wraps/ ±Sour Cream
<i>Sizzling Skillet: Sirloin Steak</i>		Yes ***					Yes±				+			Yes	No	No	***In Wraps/ ±Sour Cream
<i>Cajun Chicken &amp; Bacon Melt</i>	Yes	Yes Barley		Yes*			Yes				+				No	No	*In Coleslaw
<i>BBQ Chicken &amp; Bacon Melt</i>				Yes*			Yes				+				No	No	*In Coleslaw

+ whilst the product does not contain soya, the item is cooked in soya oil and therefore is not wholly soya free

# Charnallies Allergen Information

## House Specials Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>8oz Prime Sirloin</i>		Yes*									+				No	No	*Onion Rings--- Wheat/ Barley
<i>Fat Sam's Surf &amp; Turf</i>		Yes*	Yes		Yes		Yes				+				No	No	*Onion Rings--- Wheat/ Barley
<i>14oz Bugzy 'T' Bone</i>		Yes*									+				No	No	*Onion Rings--- Wheat/Barley
<i>The Godfather</i>		Yes*		Yes			Yes				+				No	No	*Onion Rings--- Wheat/Barley
<i>Grill Sauce: Peppercorn</i>	Yes	Yes		Yes			Yes				Yes				No	Yes	
<i>Grill Sauce: Garlic Butter</i>							Yes								No	Yes	

# Charnallies Allergen Information

## *Fish and Salads*

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Golden Fried Cod</i>		Yes, wheat barley		Yes***	Yes						+				No	Yes	***Tartare Sauce
<i>Grilled Swordfish: Cajun</i>	Yes				Yes						+				No	Yes	
<i>Grilled Swordfish: Garlic</i>					Yes		Yes				+				No	Yes	
<i>BBQ Chicken Salad</i>		Yes**		Yes			Yes							Yes	No	No	**Ciabatta---Wheat/Rye
<i>Caesar Salad</i>		Yes**		Yes			Yes								No	Yes	**Ciabatta---Wheat/Rye
<i>Steakhouse Salad</i>		Yes**		Yes										Yes	No	No	**Ciabatta---Wheat/Rye

# Charnallies Allergen Information

## *Pasta Dishes*

<b><i>Does it Contain?</i></b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Pasta Napolitana</i>		Yes													Yes	Yes	
<i>Spaghetti Bolognese</i>		Yes													No	No	
<i>Spaghetti with Meatballs</i>		Yes		Yes			Yes				Yes				No	No	
<i>Penne Alfredo</i>		Yes					Yes								No	No	
<i>Pasta Al Pesto</i>		Yes		Yes			Yes		Yes Cashew						No	Yes	
<i>Penne Al Rustica</i>		Yes		No			Yes								No	No	
<i>Lasagna Al Forno</i>		Yes Wheat					Yes								No	No	

# Charnallies Allergen Information

## Pizzas

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Margherita</i>		Yes					Yes								No	Yes	
<i>The MOB</i>		Yes					Yes								No	No	
<i>Pepperoni</i>		Yes					Yes								No	No	
<i>American Hot</i>		Yes					Yes								No	No	
<i>Hawaiian</i>		Yes					Yes								No	No	
<i>Vegitana</i>		Yes					Yes								No	Yes	
<i>Pollo Pollo</i>		Yes					Yes								No	No	
<i>NY Deli</i>		Yes					Yes								No	No	
<i>Pulled Pork Pizza</i>		Yes					Yes								No	No	
<i>Calzone Carne</i>		Yes					Yes								No	No	
<i>Mushroom Calzone</i>		Yes		Yes			Yes		Yes Cashew						No	Yes	
<i>Meatball Calzone</i>		Yes		Yes			Yes				Yes				No	No	

# Charnallies Allergen Information

## Dessert Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Black Forest Sundae</i>		Yes Wheat		Yes			Yes				Yes*				No	Yes	*Wafer
<i>Chocolate Crunch Sundae</i>		Yes Wheat		Yes			Yes				Yes*		Yes		No	Yes	*Wafer
<i>Broadway Banana Split</i>				Yes*			Yes				Yes*				No	Yes	*Wafer
<i>Rocky Road Sundae</i>				Yes*			Yes**				Yes*/**				No	No, Marshmallow	*Wafer **Raisins/Marshmallows
<i>Banoffee Sundae</i>				Yes*			Yes				Yes*				No	Yes	*Wafer
<i>Knickerbocker Glory Sundae</i>				Yes*			Yes				Yes*				No	Yes	*Wafer
<i>Chocolate Cookie Mountain</i>		Yes Wheat, Oats					Yes				Yes				No	Yes	
<i>Razzamatazz</i>		Yes Wheat		Yes			Yes				Yes*				No	Yes	*Wafer
<i>Alabama Choc Fudge Cake</i>		Yes Wheat		Yes			Yes				Yes				No	Yes	
<i>Honeycombe Smash Cheesecake</i>							Yes*								no	Yes	*Chocolate honeycombe
<i>Lemon Meringue Pie</i>		Yes Wheat		Yes											No	Yes	
<i>Wiseguy Waffle</i>		Yes Wheat		Yes			Yes				Yes				No	Yes	
<i>Millionaire's Waffle</i>		Yes Wheat		Yes			Yes				Yes				No	Yes	

# Charnallies Allergen Information

## Dessert Menu Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Biscoff Cheesecake</i>		Yes Wheat													Yes	Yes	
<i>Sticky Toffee Pudding</i>		Yes, Wheat		Yes			Yes								No	Yes	
<i>Apple Pie</i>		Yes, Wheat		Yes			Yes								No	Yes	
<i>American Style Pancakes</i>		Yes Wheat		Yes			Yes								No	Yes	
<i>Black Cherry Coulis</i>															Yes	Yes	
<i>Maple Syrup</i>															Yes	Yes	Agave
<i>Salted Caramel Sauce</i>							Yes								No	Yes	
<i>Chocolate Sauce</i>															Yes	Yes	
<i>Toffee Sauce</i>							Yes								No	Yes	
<i>Strawberry Sauce</i>															Yes	Yes	
<i>Lemon Sauce</i>															Yes	Yes	
<i>Lemon Sorbet</i>															Yes	Yes	
<i>Mango Sorbet</i>																	
<i>Custard</i>							Yes								No	Yes	



# Charnallies Allergen Information

## *Dessert Menu Cont.*

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Ice Cream: Vanilla</i>							Yes								No	Yes	
<i>Ice Cream: Strawberry</i>							Yes								No	Yes	
<i>Ice Cream: Chocolate</i>							Yes								No	Yes	
<i>Ice Cream: Toffee</i>							Yes								No	Yes	
<i>Ice Cream: Banana</i>							Yes								No	Yes	
<i>Ice Cream: Mint Choc Chip</i>							Yes								No	Yes	

# Charnallies Allergen Information

## Children's Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Cheesy Garlic Bread Toasties</i>		Yes					Yes								No	Yes	
<i>Cucumber Sticks</i>															Yes	Yes	
<i>Nachos w /Cheese</i>							Yes								No	Yes	
<i>Pizza: Margherita</i>		Yes					Yes								No	Yes	
<i>Pizza: Pepperoni</i>		Yes					Yes								No	No	
<i>Pizza: Ham</i>		Yes					Yes								No	No	
<i>Pizza Subs</i>							Yes								No	Yes	
<i>Make Your Own Wraps</i>	Yes	Yes					Yes*				+				No	No	*BBQ Sauce
<i>Hamburger</i>		Yes									Yes +				No	No	
<i>Chicken Strip Burger</i>	Yes	Yes					Yes				Yes +			Yes	No	No	
<i>American Hot Dog</i>	Yes	Yes					**				+			**	No	No	**Traces Mustard/Milk
<i>Spaghetti Bolognese</i>		Yes													No	No	
<i>Spaghetti Bolognese GF</i>															No	No	
<i>Penne Napolitana</i>		Yes													Yes	Yes	
<i>Penne Napoletana VG</i>		Yes													Yes	Yes	
<i>Penne Napoletana GF</i>															Yes	Yes	

# Charnallies Allergen Information

## Children's Menu Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Plain Pasta		Yes													No*	Yes	*if with cheese
Plain Pasat GF															Np*	Yes	*if with cheese
Chicken Strips	Yes	Yes					Yes				Yes +			Yes	No	No	
Simply Sausages		Yes					Yes				+				No	No	
Simply SausagesVG											+				Yes	Yes	
Simply SausagesGF											+				Yes	Yes	
Fish Fingers		Yes Wheat			Yes						+				No	Yes	
Melted Cheese & Ham Toastie		Yes					Yes				Yes +				No	No	
Melted Cheese & Ham Toastie VG		Yes									+				Yes	Yes	
Melted Cheese & Ham Toastie GF							Yes				+				No	No	
Warm Cookie and Ice Cream		Yes, Wheat					Yes				Yes				No	Yes	Coconut
Strawberry Ice Cream							Yes								No	Yes	
Vanilla Ice Cream							Yes								No	Yes	
Chocolate Ice Cream							Yes								No	Yes	
Dairy Free Ice Cream															Yes	Yes	
Marshmallows															No	No	
Chocolate Buttons							Yes				Yes				No	Yes	
Banana Slices															Yes	Yes	
Fan Wafer		Yes, Wheat		Yes			Yes				Yes				No	Yes	Coconut Oil

# Charnallies Allergen Information

## Gluten Free Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Soup with Ciabatta</i>						May contain*											*ciabatta roll
<i>Garlic Bread</i>						May contain*	Yes				Yes				No	Yes	
<i>Garlic Bread with cheese</i>						May contain*	Yes				Yes				No	Yes	
<i>Garlic Pizza Bread with Melted Mozzarella</i>							Yes								No	Yes	
<i>Potato Skins: Bacon &amp; Cheese</i>							Yes								No	Yes	
<i>Potato Skins: Cheese &amp; Onion</i>							Yes								No	Yes	
<i>Prawn Cocktail</i>			Yes	Yes	Yes		Yes								No	Yes	
<i>Houmous</i>												Yes	Yes		Yes	Yes	
<i>Sweet Chilli Chicken Wrap</i>				Yes*								+			No	No	*In coleslaw
<i>Roasted Vegetable Melt</i>				Yes			Yes		Yes, Cashew			+			No	Yes	

# Charnallies Allergen Information

## Gluten Free Menu Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Chicago Club Sandwich</i>				Yes							Yes +				no	no	
<i>Grilled Swordfish</i>					Yes						+				No	Yes	
<i>Sicilian Chicken</i>							Yes				+				No	No	
<i>Hawaiian Chicken</i>				Yes*			Yes				+				No	No	*In coleslaw
<i>Chicken Al Diavlo</i>				Yes*							+				No	No	*In coleslaw
<i>8oz Prime Sirloin Steak</i>											+				No	No	
<i>Fat Sam's Surf &amp; Turf</i>			Yes		Yes		Yes				+				No	No	
<i>14oz Buggy T-Bone</i>											+				No	No	
<i>Chicken &amp; Bacon Salad</i>														Yes*	No	No	*dressing
<i>Fusilli Napolitana</i>															Yes	Yes	
<i>Fusilli Bolognese</i>															No	No	

# Charnallies Allergen Information

## Gluten Free Menu Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Fusilli Pomodoro Bake</i>							Yes								No	Yes	
<i>Fusilli Alfredo</i>							Yes								No	Yes	
<i>Pizza: Margherita</i>							Yes								No	Yes	
<i>Pizza: The MOB</i>							Yes								No	No	
<i>Pizza: American Hot</i>							Yes								Ni	Ni	
<i>Pizza: Hawaiian</i>							Yes								Yes	Yes	
<i>Pizza: Vegetana</i>							Yes								Yes	Yes	
<i>Pizza: NY Deli</i>							Yes								Ni	No	
<i>Vanilla Cheesecake</i>															Yes	Yes	
<i>Broadway Banana Split</i>				Yes			Yes					Yes*			No	Yes	*Wafer

# Charnallies Allergen Information

## Gluten Free Menu Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Knickerbocker Glory</i>				Yes			Yes						Yes*		No	Yes	*Wafer
<i>Blueberry Muffin Sundae</i>				Yes			Yes								No	Yes	
<i>Ice Cream: Vanilla</i>							Yes								No	Yes	
<i>Ice Cream: Strawberry</i>							Yes								No	Yes	
<i>Ice Cream: Chocolate</i>							Yes								No	Yes	
<i>Ice Cream: Toffee</i>							Yes								No	Yes	
<i>Ice Cream: Banana</i>							Yes								No	Yes	
<i>Ice Cream: Mint Choc Chip</i>							Yes								No	Yes	

# Charnallies Allergen Information

## Gluten Free Items

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i> Ciabatta Roll </i>						May Contain					Yes				Yes	Yes	
<i> Gluten Free White Roll </i>				Yes											No	No	
<i> Garlic Ciabatta </i>						May Contain	Yes				Yes				No	Yes	
<i> Bruschetta </i>						May Contain	Yes				Yes		Yes		No	Yes	
<i> Potato Skins </i>							Yes								No	No	
<i> Houmous &amp; Tortilla </i>												Yes	Yes		Yes	Yes	
<i> Gluten Free Fusilli </i>															Yes	Yes	
<i> Gluten Free Pizza Bases </i>															Yes	Yes	
<i> Gluten Free Bread </i>				Yes											No	Yes	
<i> Gluten Free Wrap </i>															Yes	Yes	



# Charnallies Allergen Information

## Vegan Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Bruschetta</i>		Yes Wheat/Rye											Yes*		Yes	Yes	*Balsamic Glaze
<i>Houmous</i>		Yes											Yes*		Yes	Yes	*Balsamic Glaze
<i>Quesadilla</i>		Yes													Yes	Yes	
<i>Potato Skins</i>															Yes	Yes	
<i>Tomato &amp; Basil Soup</i>		Yes*													Yes	Yes	*Ciabatta
<i>Pizza: Margherita</i>		Yes													Yes	Yes	
<i>Pizza: Mushroom &amp; Onion</i>		Yes													Yes	Yes	
<i>Pizza: Vegitana</i>		Yes													Yes	Yes	
<i>Mushroom Salad</i>		Yes*											Yes**		Yes	Yes	*Ciabatta **Balsamic Glaze
<i>Vegan Dog</i>		Yes									Yes +			Yes	Yes	Yes	
<i>Spicy Bean Burger</i>		Yes									+				Yes	Yes	
<i>Roasted Vegetable Melt</i>		Yes* Wheat									+				Yes	Yes	*Ciabatta

# Charnallies Allergen Information

## Vegan Menu Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Pasta Napolitana</i>		Yes													Yes	Yes	
<i>Pomodoro Bake</i>		Yes													Yes	Yes	
<i>Chocolate Fudge Cake</i>		Yes Wheat													Yes	Yes	Coconut
<i>Biscoff Cheesecake</i>		Yes wheat													Yes	Yes	
<i>Knickerbocker Glory</i>															Yes	Yes	
<i>Vegan Ice Cream: Strawberry</i>															Yes	Yes	Coconut
<i>Vegan Ice Cream: Vanilla</i>															Yes	Yes	
<i>Vegan Ice Cream: Chocolate</i>															Yes	Yes	Coconut
<i>Sorbet: Lemon</i>															Yes	Yes	
<i>Sorbet: Mango</i>															Yes	Yes	
<i>Vegan Custard</i>											Yes				Yes	Yes	
<i>Vegan Cream</i>															Yes	Yes	

# Charnallies Allergen Information

## Lunch Menu Starters

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Soup of Day (Ask Server)</i>																	
<i>Garlic Mushrooms</i>		Yes Wheat													Yes*	Yes	*With VG mayo or salsa
<i>Houmous w/ Tortilla</i>		Yes, Wheat*										Yes			Yes	Yes	*Tortilla
<i>Garlic Bread</i>		Yes Wheat/Rye					Yes								No	Yes	
<i>Tuna Brushcetta</i>		Yes Wheat/Rye		Yes											No	Yes	
<i>Nachos</i>				Yes			Yes								No	Yes	

# Charnallies Allergen Information

## Lunch Menu Mains

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Fresh Battered Cod</i>		Yes		Yes*	Yes						+				No	Yes	*Tartare Sauce
<i>Bacon &amp; Cheese Melt</i>		Yes Wheat/Rye		Yes**			Yes				+				No	No	**In Coleslaw
<i>Sausage &amp; Creamed Potato</i>		Yes					Yes				+				No	No	
<i>Spaghetti Bolognese</i>		Yes													No	No	
<i>Margherita Pizza</i>		Yes					Yes								No	Yes	
<i>The MOB Pizza</i>		Yes					Yes								No	No	
<i>American Hot Pizza</i>		Yes					Yes								No	No	
<i>Vegitana Pizza</i>		Yes					Yes								No	Yes	
<i>Classic Hot Dog</i>	Yes	Yes		Yes**			Yes				+			Yes	No	No	**In Coleslaw
<i>Veggie Hot Dog</i>											Yes +			Yes	Yes	Yes	
<i>Chilli Cheese Dog</i>	Yes	Yes		Yes slaw			Yes				+				No	No	
<i>Chicken Fajita Wrap</i>		Yes		Yes*							+			Yes	No	No	*In Coleslaw
<i>Chicken Caesar Wrap</i>		Yes Wheat Barley		Yes			Yes				+				No	No	

# Charnallies Allergen Information

## Lunch Menu Mains Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
BBQ Chick n' Cheese Wrap		Yes					Yes				+				No	No	
Jacket Pot: Cheese							Yes								No	Yes	
Jacket Pot: Cheese & Beans							Yes								No	Yes	
Jacket Pot: Tuna Mayo				Yes	Yes										No	Yes	
Jacket Pot: Cheese/Coleslaw				Yes			Yes								No	Yes	
Jacket Pot: Sweet Chilli Chicken															No	No	
Panini: Cheese		Yes					Yes				+				No	Yes	
Panini: Ham & Cheese		Yes					Yes				+				No	No	
Panini: Cheese & Onion		Yes					Yes				+				No	Yes	
Panini: Mozzarella, Tomato, Pesto		Yes		Yes			Yes		Yes Cashew		+				No	Yes	
Panini: Tuna Melt		Yes					Yes				+				No	Yes	
Panini: Chipotle Chicken & Cheese		Yes					Yes				+				No	No	

# Charnallies Allergen Information

## Lunch Menu Desserts

<b>Does it contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Lemon Pavlova Sundae</i>				Yes*			Yes								No	Yes	*In lemon curd
<i>Biscoff Sundae</i>		Yes Wheat													Yes	Yes	
<i>Choc Chip Sundae</i>		Yes Wheat					Yes				Yes				No	Yes	
<i>Fruit Sundae</i>															Yes	Yes	
<i>Cinnamon Waffle</i>		Yes Wheat		Yes			Yes				Yes				No	Yes	
<i>Two Scoop: Vanilla</i>							Yes								No	Yes	
<i>Two Scoop: Chocolate</i>							Yes								No	Yes	
<i>Two Scoop: Strawberry</i>							Yes								No	Yes	

# Charnallies Allergen Information

## Gluten Free Lunch Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Soup of the Day</i>						May contain*									Yes	Yes	*Ciabatta roll
<i>Houmous</i>													Yes	Yes	Yes	Yes	
<i>Garlic Bread</i>						May contain*									Yes	Yes	*Ciabatta roll
<i>Fusilli Napoletana</i>															Yes	Yes	
<i>Fusilli Bolognese</i>															Yes	Yes	
<i>Margherita Pizza</i>							Yes								No	Yes	
<i>The MOB Pizza</i>							Yes								No	Yes	
<i>Jacket Pot: Cheese</i>							Yes								No	Yes	
<i>Jacket Pot: Cheese &amp; Beans</i>							Yes								No	Yes	
<i>Jacket Pot: Tuna Mayo</i>				Yes	Yes										No	Yes	

# Charnallies Allergen Information

## Gluten Free Lunch Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Jacket Pot: Cheese/Coleslaw</i>				Yes			Yes								No	Yes	
<i>Jacket Pot: Sweet Chilli Chicken</i>															No	No	
<i>Knickerbocker Glory</i>							Yes								No	Yes	
<i>Two Scoop: Vanilla</i>							Yes								No	Yes	
<i>Two Scoop: Chocolate</i>							Yes								No	Yes	
<i>Two Scoop: Strawberry</i>							Yes								No	Yes	
<i>Chocolate Brownie</i>				Yes			Yes				Yes				No	Yes	



# Charnallies Allergen Information

## Vegan Lunch Menu

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Tomato & Basil Soup		Yes*													Yes	Yes	*Ciabatta roll
Houmous													Yes	Yes	Yes	Yes	
Bruschetta		Yes Wheat Rye											Yes*		Yes	Yes	*Balsamic Glaze
Margherita Pizza		Yes													Yes	Yes	
Mushroom & Onion Pizza		Yes													Yes	Yes	
Jacket Pot: Cheese & Beans															Yes	Yes	
Vegan Dog		Yes													Yes	Yes	
Knickerbocker Glory															Yes	Yes	
Sorbet															Yes	Yes	
Vegan Ice Cream															Yes	Yes	

# Charnallies Allergen Information

## Sandwiches, Ciabattas & Pastries

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Ham Salad Sandwich</i>		Yes					Yes				Yes*				No	No	*Sliced Bread
<i>Cheese Salad Sandwich</i>		Yes					Yes				Yes*				No	Yes	*Sliced Bread
<i>Tuna Mayo &amp; Red Onion Sandwich</i>		Yes		Yes	Yes		Yes				Yes*				No	Yes	*Sliced Bread
<i>BLT Ciabatta</i>		Yes, Wheat/Rye					Yes								No	No	
<i>Sausage &amp; Onion Ciabatta</i>		Yes Wheat/Rye					Yes				+				No	No	
<i>Veggie Sausage &amp; Onion Ciabatta</i>		Yes					Yes*				Yes +				No	Yes	*butter
<i>Brunch Club</i>		Yes		Yes			Yes				Yes +				No	No	*Sliced Bread
<i>Toasted Cheese, Ham &amp; Onion Club</i>		Yes					Yes				Yes*				No	No	*Sliced Bread
<i>Chicken &amp; Bacon Mayo Ciabatta</i>		Yes Wheat/Rye		Yes			Yes								No	No	
<i>Prawn Sandwich</i>		Yes Wheat/Rye	Yes	Yes	Yes		Yes								No	Yes	
<i>Toasted Teacake</i>		Yes Wheat					Yes								No	Yes	
<i>Fruit Scone</i>		Yes Wheat		Yes			Yes								No	Yes	
<i>Clotted Cream</i>							Yes								No	Yes	
<i>Asst. Muffins...</i>		Yes Wheat, Oats		Yes			Yes								No	Yes	

# Charnallies Allergen Information

## Sauces & Condiments

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Tomato Ketchup	Yes*														Yes	Yes	*Sachets
Brown Sauce		Yes, Barley, Rye													Yes	Yes	
American Mustard														Yes	Yes	Yes	
English Mustard														Yes	Yes	Yes	
French Mustard		Yes Wheat												Yes	Yes	Yes	
Mayonnaise				Yes											No	Yes	
BBQ Sauce							Yes								No	Yes	
Sweet Chilli Sauce															Yes	Yes	
House Piri Sauce															Yes	Yes	
Vegan Mayo															Yes	Yes	
Tartare Sauce				Egg										Yes	No	Yes	
Thousand Island Dressing				Yes											No	Yes	
Ranch														Yes			
Honey Mustard														Yes	Yes	Yes	
Garlic Mayo				Yes			Yes								No	Yes	
Mint Sauce															Yes	Yes	

# Charnallies Allergen Information

## Sauces & Condiments Cont.

<b>Does it Contain?</b>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Caesar Dressing		Yes, Barley		Yes			Yes								No	Yes	
Salad Cream				Yes										Yes	No	Yes	
Balsamic Glaze													Yes		Yes	Yes	
Malt Vinegar		Yes, Barley													Yes	Yes	
Guacamole				Yes			Yes						Yes		No	Yes	
Tomato Salsa															Yes	Yes	
French Dressing	Yes	Yes												Yes	Yes	Yes	
Parmesan Cheese				Yes			Yes								No	Yes	
Garlic Butter							Yes								No	Yes	
Gravy															Yes	Yes	
Peppercorn Sauce	Yes						Yes								No	Yes	
Cajun		Yes Wheat Barley									Yes			Yes	Yes	Yes	
Sour Cream							Yes								No	Yes	
Pizza Topping															Yes	Yes	

# Charnallies Allergen Information

**CHARNALLIES**  
**american themed**  
**Restaurant - Bar**  
**Coffee House**