

CHARNALLIES
american themed
Restaurant - Bar
Coffee House

Allergen Information 2019/20



Charnallies Allergen Information

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Charnallies Allergen Information

At Charnallies we endeavor to ensure every customer is able to enjoy our food regardless of their allergy and dietary requirements. The following food charts shall allow each customer to confidently select their meal to work around their needs.

Unfortunately, due to preparation areas in our kitchen, we are unable to completely guarantee every item can be 100% free from allergens. However all of our gluten free and vegan items are prepared separately from the rest of our menu. For all other allergens, please inform your server so we can prepare your meal according to your needs.

At Charnallies, we fry many of our products in Soya Bean Oil, and therefore cannot guarantee cross contamination across foods fried with this oil, e.g products containing gluten, fish, and dairy. In which case, items that are fried can be suitably substituted to match your requirements. Just let us know when you're ordering.

The following tables contain information regarding the 14 allergens outlines by the Foods Standards Agency. Some of our food is delivered pre-packaged, and in these cases we cannot guarantee from cross contamination in factories where they were prepared. Additional information is also included in the comments column in the table.

Please feel free to discuss your options with your servers, to make sure you can make the most of our extensive menu, always cooked fresh to order.

Charnallies Allergen Information

Breakfast Menu

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Bugsy's Breakfast		Yes		Yes			Yes								No	No	
Vegetarian Breakfast		Yes		Yes			Yes								No	Yes	
Pancake Stack		Yes Wheat		Yes			Yes								No	Yes	
Children's Breakfast		Yes		Yes			Yes								No	Yes	
(Breakfast) Toasted Ciabatta		Yes Wheat, Barley													No	No	Check Filling
American Pancakes		Yes Wheat/Rye		Yes			Yes								No	Yes	
Egg (Scrambled)				Yes			Yes								No	Yes	
Sausage		Yes Wheat													No	No	
Baked Beans															Yes	Yes	
Hash Brown		Yes					Yes								No	Yes	
Charnallies Potatoes		Yes Wheat													No	Yes	
Buffet Pancakes		Yes Wheat		Yes			Yes								No	Yes	
Vegetarian Sausage		Yes Wheat													Yes	Yes	

Charnallies Allergen Information

Appetizers, Sharers and Sides

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Soup of the Day (Check with server)</i>																	
<i>Garlic Ciabatta</i>		Yes Wheat					Yes								No	Yes	
<i>Garlic Ciabatta w/ Mozzarella</i>		Yes Wheat					Yes								No	Yes	
<i>Stuffed Mushrooms</i>		Yes Wheat					Yes								No	Yes	
<i>Nachos</i>							Yes								No	Yes	
<i>Potato Skins – Cheese Salsa</i>							Yes								No	Yes	
<i>Potato Skins-Bacon Cheese</i>							Yes								No	No	
<i>Chicken Wings</i>		Yes Wheat, Barley												Yes	No	No	
<i>Mozzarella Dippers</i>		Yes Wheat					Yes				Yes				No	Yes	
<i>Prawn Cocktail</i>		Yes Wheat/Barley*	Yes	Yes	Yes		Yes								No	Yes	*Ciabatta
<i>Garlic King Prawns</i>			Yes	Yes	Yes		Yes								No	Yes	

Charnallies Allergen Information

Appetizers, Sharers and Sides Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Garlic Pizza Bread w/ Mozzarella		Yes Wheat					Yes								No	Yes	
Towering Onion Rings		Yes Wheat													Yes	Yes	
Loaded Nachos							Yes								No	Yes	
Smothered Wedges		Yes Wheat													Yes	Yes	
Charnallies Combo		Yes Wheat	Yes	Yes	Yes		Yes								No	No	
Sampler Platter	Yes	Yes Wheat					Yes				Yes				No	No	
Fries															Yes	Yes	
Beer Battered Onion Rings		Yes Wheat													Yes	Yes	
Homemade Coleslaw				Yes											No	Yes	
House Salad	Yes	Yes, wheat*												Yes*	Yes	Yes	*Dressing
Seasoned Spicy Fries															Yes	Yes	
New York Fries							Yes							Yes	No	Yes	

Charnallies Allergen Information

Burgers, Wraps, Subs and Dogs

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Hamburger		Yes		Yes			Yes					Yes			No	No	
Cheeseburger		Yes		Yes			Yes					Yes			No	No	
Bacon Cheeseburger		Yes		Yes			Yes					Yes			No	No	
The Inferno Burger		Yes		Yes			Yes					Yes			No	No	
Burger with the Works		Yes		Yes			Yes					Yes			No	No	
The Big Don		Yes		Yes			Yes					Yes			No	No	
Triple Stacked Burger		Yes		Yes			Yes					Yes			No	No	
Spicy Bean Burger		Yes Wheat													Yes	Yes	
Chicken & Cheese Melt		Yes Wheat					Yes					Yes			No	No	
NY Chicken Burger		Yes Wheat					Yes					Yes		Yes*	No	No	*BBQ Sauce
Garden Burger		Yes Wheat												Yes*	Yes**	Yes	* In Burger/ **Without Mayo

Charnallies Allergen Information

Burgers, Wraps, Subs and Dogs Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
BBQ Pulled Pork Wrap		Yes Wheat		Yes **										Yes*	No	No	*BBQ Sauce/ **In Coleslaw
Sweet Chilli Chicken Wrap		Yes Wheat		Yes**											No	No	**In Coleslaw
Chicken Tender & Bacon Wrap		Yes Wheat		Yes**											No	No	**In Coleslaw
Chicken Caesar Salad Wrap		Yes Wheat, Barley		Yes			Yes								No	No	
Veggie Wrap	Yes	Yes Wheat		Yes **			Yes		Yes, Cashew						No	Yes	**In Coleslaw
Capone's Cheese Steak Sub		Yes Wheat		Yes**			Yes								No	No	**In Coleslaw
Chicago Club Sandwich		Yes Wheat		Yes											No	No	
Roasted Vegetable Melt		Yes Wheat		Yes			Yes		Yes, Cashew						No	Yes	
American Hot Dog	Yes	Yes Wheat		Yes**			Yes				Yes			Yes	No	No	**In Coleslaw

Charnallies Allergen Information

House Specials

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Sicilian Chicken</i>							Yes								No	No	
<i>Hawaiian Chicken</i>				Yes*			Yes								No	No	*In Coleslaw
<i>BBQ Rack of Ribs</i>				Yes*										Yes**	No	No	*In Coleslaw/ **BBQ Sauce
<i>Chicken & Rib Combo</i>				Yes*										Yes**	No	No	*In Coleslaw/** BBQ Sauce
<i>Steak & Rib Combo</i>				Yes"											No	No	*In Coleslaw
<i>Chicken Al Diavlo</i>				Yes "											No	No	*In Coleslaw
<i>Luigi's Lamb Shank</i>							Yes								No	No	
<i>Sizzling Skillet: Chicken</i>		Yes***					Yes±								No	No	***In Wraps/ ±Sour Cream
<i>Sizzling Skillet: Sirloin Steak</i>		Yes ***					Yes±								No	No	***In Wraps/ ±Sour Cream
<i>Cajun Chicken & Bacon Melt</i>	Yes	Yes Barley		Yes*			Yes								No	No	*In Coleslaw
<i>BBQ Chicken & Bacon Melt</i>				Yes*			Yes							Yes	No	No	*In Coleslaw/**BBQ Sauce

Charnallies Allergen Information

House Specials Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
8oz Prime Sirloin															No	No	
Fat Sam's Surf & Turf		Yes*	Yes		Yes		Yes								No	No	*Onion Rings
14oz Bugzy 'T' Bone		Yes*													No	No	*Onion Rings
The Godfather		Yes		Yes			Yes								No	No	
Grill Sauce: Peppercorn	Yes	Yes		Yes			Yes				Yes				No	Yes	
Grill Sauce: Garlic Butter							Yes								No	Yes	
Grill Sauce: Blue Cheese				Yes			Yes								No	Yes	

Charnallies Allergen Information

Fish and Salads

<i>Does it Contain?</i>																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Golden Fried Cod</i>		Yes, wheat barley		Yes***	Yes										No	Yes	***Tartare Sauce
<i>Grilled Swordfish: Cajun</i>	Yes	Yes*			Yes										No	Yes	*Fried Potatoes
<i>Grilled Swordfish: Garlic</i>		Yes*			es		Yes								No	Yes	*Fried Potatoes
<i>Flaked Salmon Salad</i>		Yes**			Yes		Yes		Yes Cashew						No	Yes	**Ciabatta
<i>BBQ Chicken Salad</i>		Yes**		Yes			Yes							Yes	No	No	**Ciabatta
<i>Caesar Salad</i>		Yes**		Yes			Yes								No	Yes	**Ciabatta
<i>Steakhouse Salad</i>		Yes**		Yes										Yes	No	No	**Ciabatta

Charnallies Allergen Information

Pasta Dishes

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Pasta Napolitana</i>		Yes													Yes	Yes	
<i>Spaghetti Bolognese</i>		Yes													No	No	Contains Bovril
<i>Penne Pomodoro</i>		Yes													Yes	Yes	
<i>Spaghetti with Meatballs</i>		Yes		Yes			Yes								No	No	
<i>Penne Alfredo</i>		Yes		No			Yes								No	No	
<i>Pasta Al Pesto</i>		Yes		No			Yes		Yes Cashew						No	Yes	
<i>Penne Al Rustica</i>		Yes		No			Yes								No	No	
<i>Lasagna Al Forno</i>		Yes Wheat					Yes								No	No	Contains Bovril

Charnallies Allergen Information

Pizzas

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Margherita</i>		Yes					Yes								No	Yes	
<i>The MOB</i>		Yes					Yes								No	No	
<i>American Hot</i>		Yes					Yes								No	No	
<i>Hawaiian</i>		Yes					Yes								No	No	
<i>Vegitana</i>		Yes					Yes								No	Yes	
<i>Pollo Pollo</i>		Yes					Yes							Yes	No	No	
<i>NY Deli</i>		Yes					Yes								No	No	
<i>Pulled Pork Pizza</i>		Yes					Yes							Yes	No	No	
<i>Calzone Carne</i>		Yes					Yes								No	No	
<i>Mushroom Calzone</i>		Yes					Yes		Yes Cashew						No	Yes	
<i>Meatball Calzone</i>		Yes		Yes			Yes								No	No	Contains Bovril

Charnallies Allergen Information

Lunch Menu, Starters & Sides

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Soup of Day (Ask Server)</i>																	
<i>Garlic Bread</i>		Yes					Yes								Yes	Yes	
<i>Nachos</i>							Yes								No	Yes	
<i>Tuna Brushcetta</i>		Yes		Yes											No	Yes	
<i>Crispy Chicken Strips</i>		Yes												Yes*	No	No	*Honey Mustard
<i>Onion Rings</i>		Yes													Yes	Yes	
<i>Homemade Coleslaw</i>				Yes											No	Yes	
<i>Fries</i>															Yes	Yes	
<i>House Salad</i>	Yes	Yes Wheat*												Yes*	Yes	Yes	*Dressing
<i>Houmous w/ Tortilla</i>		Yes, Wheat*											Yes		Yes	Yes	*Tortilla

Charnallies Allergen Information

Lunch Menu Mains

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Fresh Battered Cod		Yes		Yes*	Yes										No	Yes	*Tartare Sauce
Wings Combo		Yes Wheat, Barley		Yes**										Yes	No	No	**In Coleslaw
Bacon & Cheese Melt Ciabatta		Yes		Yes**			Yes								No	No	**In Coleslaw
Spaghetti Bolognese		Yes													No	No	Contains Bovril
Penne Alfredo		Yes					Yes								No	No	
Margherita Pizza		Yes					Yes								No	Yes	
The MOB Pizza		Yes					Yes								No	No	
American Hot Pizza		Yes					Yes								No	No	
Vegitana Pizza		Yes					Yes								No	Yes	
Classic Hamburger		Yes		Yes**											No	No	**In Coleslaw
Garden Burger		Yes		Yes**										Yes	Yes	Yes	**In Coleslaw
Classic Hot Dog	Yes	Yes		Yes**			Yes							Yes	No	No	**In Coleslaw
Chilli Cheese Dog	Yes	Yes		Yes slaw			Yes								No	No	Contains Bovril

Charnallies Allergen Information

Lunch Menu Mains Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Chicken Fajita Wrap		Yes		Yes*											No	No	*In Coleslaw
Chicken Caesar Wrap		Yes Wheat Barley		Yes			Yes								No	No	
Jacket Pot: Cheese							Yes								No	Yes	
Jacket Pot: Cheese & Beans							Yes								No	Yes	
Jacket Pot: Tuna Mayo				Yes	Yes										No	Yes	
Jacket Pot: Cheese/Coleslaw				Yes			Yes								No	Yes	
Jacket Pot: Sweet Chilli Chicken															No	No	
Panini: Cheese		Yes					Yes								No	Yes	
Panini: Ham & Cheese		Yes					Yes								No	No	
Panini: Cheese & Onion		Yes					Yes								No	Yes	
Panini: Mozzarella, Tomato, Pesto		Yes					Yes		Yes Cashew						No	Yes	

Charnallies Allergen Information

Lunch Menu Desserts

Does it contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Lemon Pavlova Sundae</i>				Yes			Yes								No	Yes	
<i>Choc Chip Sundae</i>		Yes Wheat					Yes								No	Yes	
<i>Cinnamon Waffle</i>		Yes Wheat		Yes			Yes				Yes				No	Yes	
<i>Chocolate Fudge Cake</i>		Yes Wheat		Yes			Yes								No	Yes	
<i>Two Scoop: Vanilla</i>							Yes								No	Yes	
<i>Two Scoop: Chocolate</i>							Yes								No	Yes	
<i>Two Scoop: Strawberry</i>							Yes								No	Yes	
							Yes								No	Yes	

Charnallies Allergen Information

Sandwiches, Ciabattas & Pastries

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Cheese & Onion</i>		Yes					Yes								No	Yes	
<i>Tuna Crunch Mayo</i>		Yes		Yes	Yes		Yes								No	Yes	
<i>Cheese Salad</i>		Yes					Yes								No	Yes	
<i>Egg Mayo</i>		Yes		Yes			Yes								No	Yes	
<i>Ham and Mustard</i>		Yes					Yes							Yes	No	No	
<i>Ham Salad</i>		Yes					Yes								No	No	
<i>Tuna Mayo</i>		Yes		Yes	Yes		Yes								No	Yes	
<i>Melt Ciabatta</i>		Yes					Yes								No	No	
<i>BLT Ciabatta</i>		Yes					Yes								No	No	
<i>Chicken Mayo</i>		Yes		Yes			Yes								No	No	
<i>Ciabatta</i>		Yes					Yes								No	No	
<i>Ham, Cheese, Tomato CB</i>		Yes					Yes								No	No	
<i>Bacon, Onion, Mushroom CB</i>		Yes					Yes								No	No	
<i>Brunch Club</i>		Yes		Yes			Yes								No	No	

Charnallies Allergen Information

Sandwiches, Ciabattas & Pastries Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Sausage & Onion Ciabatta		Yes Wheat/Barley					Yes								No	No	
Prawn Sandwich/ CB		Yes Wheat/Barley	Yes	Yes	Yes		Yes								No	Yes	
Chicken & Bacon Mayo		Yes		Yes			Yes								No	No	
Toasted Teacake		Yes Wheat					Yes								No	Yes	
Fruit Scone		Yes Wheat		Yes											No	Yes	
Clotted Cream							Yes								No	Yes	
Asst. Muffins		Yes Wheat, Oats		Yes			Yes								No	Yes	
Asst. Cakes: Coffee & Walnut		Yes Wheat, Barley		Yes			Yes		Yes Walnut						No	Yes	
Asst. Cakes: Carrot Cake				Yes			Yes		Yes Walnut				Yes		No	Yes	Coconut

Charnallies Allergen Information

Children's Menu

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Make Your Own Wraps		Yes												Yes*	No	No	*BBQ Sauce
Spaghetti Bolognese		Yes													No	No	Contains Bovril
Boston Bean Bake		Yes					Yes								No	No	
Margherita Pizza		Yes					Yes								No	Yes	
Simply Sausages		Yes					Yes								No	No	
Cheesy Pasta		Yes					Yes								No	Yes	
Melted Cheese & Ham Toastie		Yes					Yes								No	No	
Hamburger		Yes		Yes											No	No	
Spaghetti Napolitana		Yes													Yes	Yes	
Happy-Face Pizza		Yes					Yes								No	No	
Chicken Strip Burger		Yes													No	No	

Charnallies Allergen Information

Children's Menu Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Fish Fingers</i>		Yes Wheat													No	Yes	
<i>American Hot Dog</i>		Yes													No	No	
<i>Chicken Strips</i>		Yes													No	No	
<i>Cheesy Garlic Bread Toasties</i>		Yes					Yes								No	Yes	
<i>Strawberry Ice Cream</i>							Yes								No	Yes	
<i>Vanilla Ice Cream</i>							Yes								No	Yes	
<i>Chocolate Ice Cream</i>							Yes								No	Yes	
<i>Marshmallows</i>															No	No	
<i>Chocolate Buttons</i>							Yes				Yes				No	Yes	
<i>Banana Slices</i>															Yes	Yes	
<i>Fan Wafer</i>		Yes Wheat		Yes			Yes				Yes				No	Yes	

Charnallies Allergen Information

Vegan Menu Starters/ Desserts

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/ Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Bruschetta		Yes											Yes**		Yes	Yes	**Balsamic Glaze
Quesadilla		Yes													Yes	Yes	Vegan cheese
Potato Skins															Yes	Yes	Vegan cheese
Tomato & Basil Soup		Yes*													Yes	Yes	*Ciabatta
Houmous with toasted tortillas		Yes											Yes**		Yes	Yes	**Balsamic Glaze
Chocolate Orange Pudding		Yes Wheat													Yes	Yes	Coconut, Soya
Lemon Sorbet															Yes	Yes	
Mango Sorbet															Yes	Yes	
Rossi Vegan Strawberry															Yes	Yes	Coconut
Rossi Vegan Chocolate															Yes	Yes	Coconut
Vegan Custard															Yes	Yes	Soya
Vegan Cream															Yes	Yes	

Charnallies Allergen Information

Vegan Mains & Pizzas

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Margherita Pizza		Yes													Yes	Yes	
Vegitana Pizza		Yes													Yes	Yes	
Mushroom & Onion Pizza		Yes													Yes	Yes	
BBQ Jackfruit Pizza		Yes												Yes	Yes	Yes	
Pasta Napolitana		Yes													Yes	Yes	
Pomodoro Bake		Yes													Yes	Yes	
Mushroom Salad		Yes											Yes*		Yes	Yes	*Balsamic Glaze
Vegan Dog		Yes												Yes	Yes	Yes	
Spicy Bean Burger		Yes													Yes	Yes	
Vegan Chilli															Yes	Yes	
Vegetable & 3 Bean Wrap		Yes													Yes	Yes	

Charnallies Allergen Information

Dessert Menu

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
<i>Black Forest Sundae</i>		Yes Wheat		Yes			Yes				Yes*				No	Yes	*Wafer
<i>Chocolate Crunch Sundae</i>		Yes Wheat		Yes			Yes				Yes*		Yes		No	Yes	*Wafer
<i>Broadway Banana Split</i>				Yes*			Yes				Yes*				No	Yes	*Wafer
<i>Rocky Road Sundae</i>				Yes*			Yes				Yes*				No	No, Marshmallow	*Wafer
<i>Banoffee Sundae</i>				Yes*			Yes				Yes*				No	Yes	*Wafer
<i>Knickerbocker Glory Sundae</i>				Yes*			Yes				Yes*				No	Yes	*Wafer
<i>Razzamatazz</i>		Yes Wheat		Yes			Yes				Yes*				No	Yes	*Wafer
<i>Chocolate Cookie Mountain</i>		Yes Wheat, Oats					Yes				Yes				No	Yes	
<i>Alabama Choc Fudge Cake</i>		Yes Wheat		Yes			Yes				Yes				No	Yes	
<i>Vanilla Cheesecake GF</i>				Yes			Yes								No	Yes	
<i>Lemon Meringue Pie</i>		Yes Wheat		Yes											No	Yes	

Charnallies Allergen Information

Dessert Menu Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Wiseguy Waffle		Yes Wheat		Yes			Yes				Yes				No	Yes	
Honeycomb Smash Cheesecake		Yes Wheat					Yes				Yes				No	Yes	
Sticky Toffee Pudding		Yes, Wheat		Yes			Yes								No	Yes	
Apple Pie		Yes, Wheat		Yes			Yes								No	Yes	
American Style Pancakes		Yes Wheat		Yes			Yes								No	Yes	
Black Cherry Coulis															Yes	Yes	
Maple Syrup															Yes	Yes	Agave
Salted Caramel Sauce							Yes								No	Yes	
Chocolate Sauce															Yes	Yes	
Toffee Sauce							Yes								No	Yes	
Strawberry Sauce															Yes	Yes	
Lemon Sorbet															Yes	Yes	
Custard							Yes								No	Yes	

Charnallies Allergen Information

Sauces & Condiments

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Heinz Tomato Ketchup	Yes														Yes	Yes	
Brown Sauce		Yes, Barley, Rye													Yes	Yes	
American Mustard														Yes	Yes	Yes	
English Mustard														Yes	Yes	Yes	
French Mustard														Yes	Yes	Yes	
Mayonnaise				Yes											No	Yes	
BBQ Sauce														Yes	Yes	Yes	
Sweet Chilli Sauce															Yes	Yes	
House Piri Sauce															Yes	Yes	
Sour Cream & Chive							Yes								No	Yes	
Thousand Island Dressing				Yes											No	Yes	

Charnallies Allergen Information

Sauces & Condiments Cont.

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Honey Mustard Dressing														Yes	No	Yes	
Caesar Dressing		Yes, Barley		Yes			Yes								No	Yes	
Mint Sauce															Yes	Yes	
Salad Cream				Yes										Yes	Yes	Yes	
Balsamic Glaze													Yes		Yes	Yes	
Malt Vinegar		Yes, Barley													Yes	Yes	
Blue Cheese Dressing				Yes			Yes								No	Yes	
Tomato Salsa															Yes	Yes	
French Dressing	Yes													Yes	Yes	Yes	
Parmesan Cheese				Yes			Yes								No	Yes	
Garlic Butter Gravy							Yes								No Yes	Yes Yes	

Charnallies Allergen Information

Gluten Free Items

Does it Contain?																	
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk/Dairy	Molluscs	Nuts	Peanuts	Soya	Sesame Seeds	Sulphur Dioxide	Mustard	Suitable for Vegans	Suitable for Vegetarians	Comments?
Ciabatta Roll						May Contain					Yes				Yes	Yes	
Garlic Ciabatta						May Contain	Yes				Yes				No	Yes	
Bruschetta						May Contain	Yes				Yes		Yes		No	Yes	
Potato Skins							Yes								No	No	
Houmous & Tortilla										Yes			Yes		Yes	Yes	
Gluten Free Fusilli															Yes	Yes	
Gluten Free Pizza Bases															Yes	Yes	
Gluten Free Bread				Yes											No	Yes	
Warmed Gluten Free Waffle		*No		Yes		Yes	Yes								No	Yes	*Wheat starch allergen removed



Charnallies Allergen Information

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Restaurant - Bar
Coffee House